# **Record of Decision**

## **Prevention Concordat for Better Mental Health**

#### **Decision Taker**

Elected Mayor on 04 March 2019

#### Decision

- (i) that Torbay Council signs up to the Prevention Concordat for Better Mental Health;
- (ii) that the Director of Public Health be given delegated authority to make any required amendment to and sign the Torbay Council Prevention Concordat for Better Mental Health Action Plan as set out in Appendix 1 to the submitted report; and
- (iii) that Councillors Stockman and Stocks be appointed as Councillor Mental Health Champions registered with the Centre for Mental Health.

## Reason for the Decision

The Elected Mayor and Policy Development and Decision Group (Joint Commissioning Team) are asked to endorse Torbay Council's pledge to join the Prevention Concordat for Better Mental Health.

# **Implementation**

This decision will come into force and may be implemented on 19 March 2019 unless the call-in procedure is triggered (as set out in Standing Orders in relation to Overview and Scrutiny).

## Information

The submitted report set out a proposal that Torbay Council becomes a signatory to the Prevention Concordat for Better Mental Health.

We all have mental health. Even if we do not consciously think about it all the time, our state of mental health underpins everything we do on a daily basis. Nationally poor mental health affects at least one in four people each year, with one in six experiencing common mental health problems such as anxiety and depression in any given week. In Torbay 18% of adults reported having anxiety and depression and 25% report being unhappy when asked how they were feeling yesterday.

Many organisations (including local authorities; the NHS, VCSE sector and employers) are becoming signatories of the Prevention Concordat for Better Mental Health Consensus Statement.

Once an organisation has signed up to the Prevention Concordat for Better Mental Health there will be a formal announcement of new national and local signatories through Public Health England communications. Organisations will also be asked to promote their involvement and deliver joint communications on the prevention concordat and their specific commitments.

The Elected Mayor considered the recommendations of the Policy Development and Decision Group (Joint Commissioning Team) made on 4 March 2019 and his decision is set out above.

Alternative Options considered and rejected at the time of the decision
None
Is this a Key Decision?
No
Does the call-in procedure apply?
Yes
<b>Declarations of interest</b> (including details of any relevant dispensations issued by the Standards Committee)
None
Published
11 March 2019
Signed: Date: The Elected Mayor of Torbay